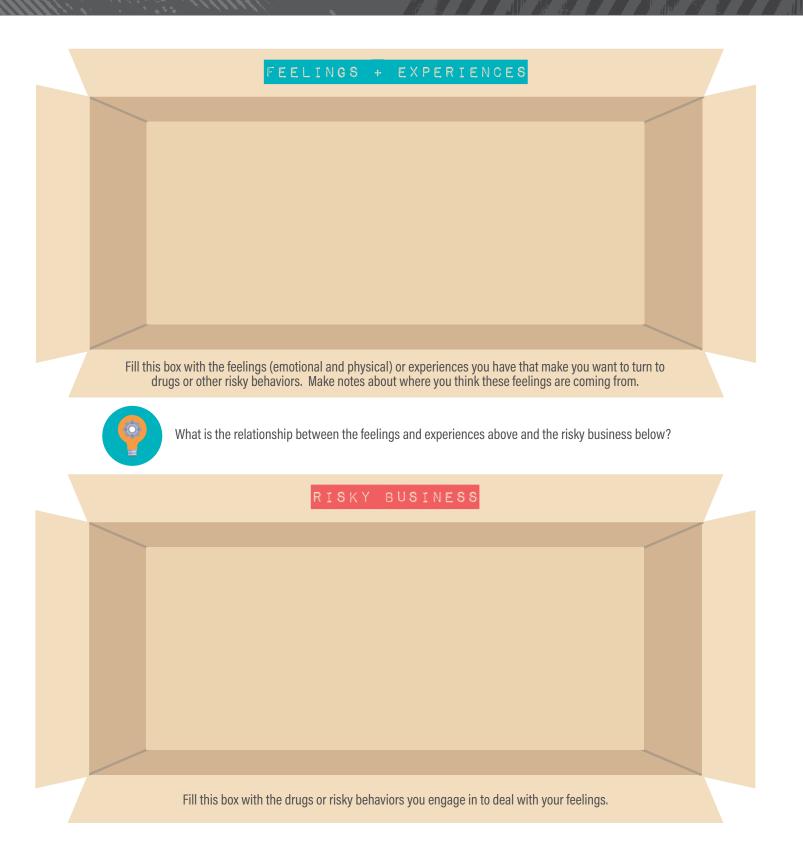
FILLING THE VOID

People use drugs or engage in risky behaviors because it helps them fill a void or meet a need that they're not getting somewhere else. The void often leaves people feeling very empty—and feeling empty is hard to cope with. Do you feel empty in a way that makes you want to turn to drugs or risky behaviors? Where does it come from—maybe an experience or physical health condition?



NEW LIFE ... NEW BOX

How has using the drug or engaging in the risky behavior caused problems in your life?

Is that something you want to change? Write in "Yes" or "No" and explain why.



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