

Pivotal Moments in Health Policy: Accountable Care & Health

Mental Health America Regional Meeting

July 19, 2017



STEADMAN
GROUP, LLC

Question for Reflection

What is one thing you would like do to improve your own health?

Defining Health



HOW WE DIE

THE AMERICAN WAY OF DEATH — THEN AND NOW

We have more power over our health than any other generation in history.

MAJOR CAUSES OF DEATH

1900

1. Pneumonia & flu
2. Tuberculosis
3. Digestive disease
4. Heart disease

2015

1. Heart disease
2. Cancer
3. Lung disease
4. Stroke

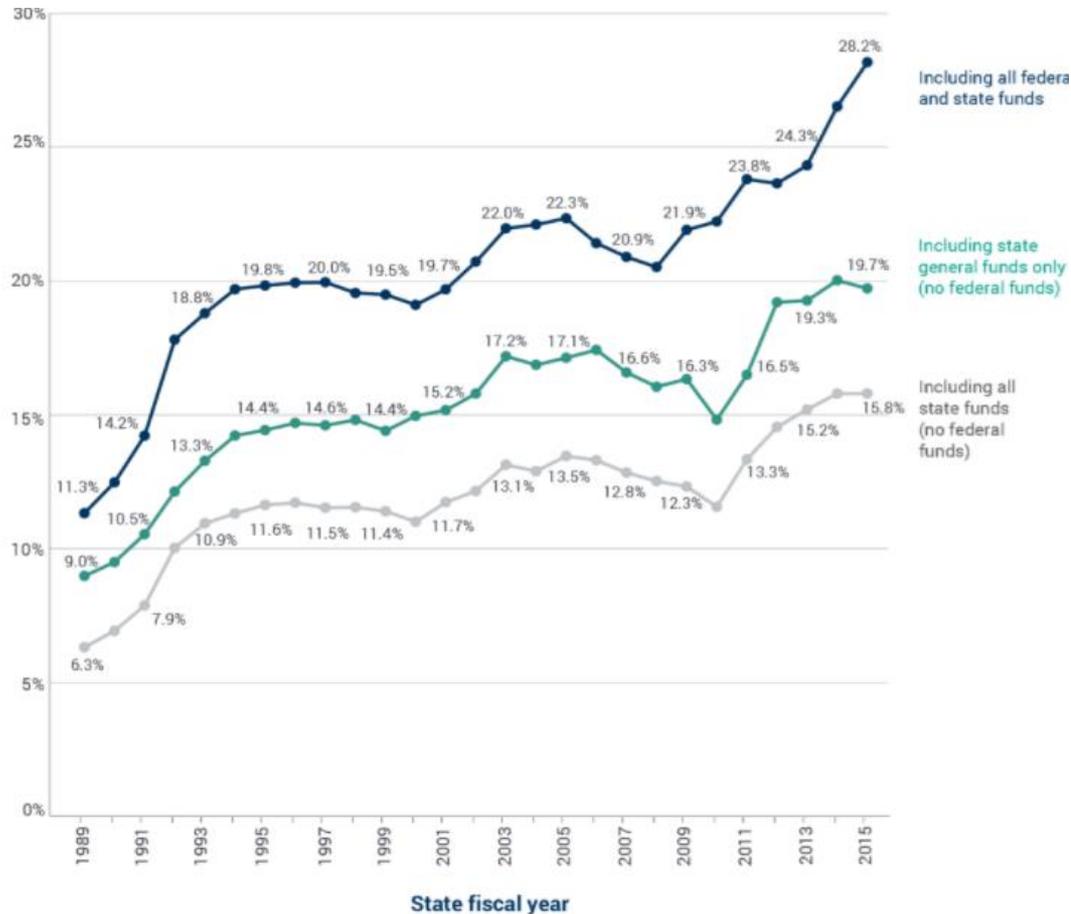
TOP 4
CAUSES OF DEATH
THAT WERE LARGELY
PREVENTABLE

1900:
NONE

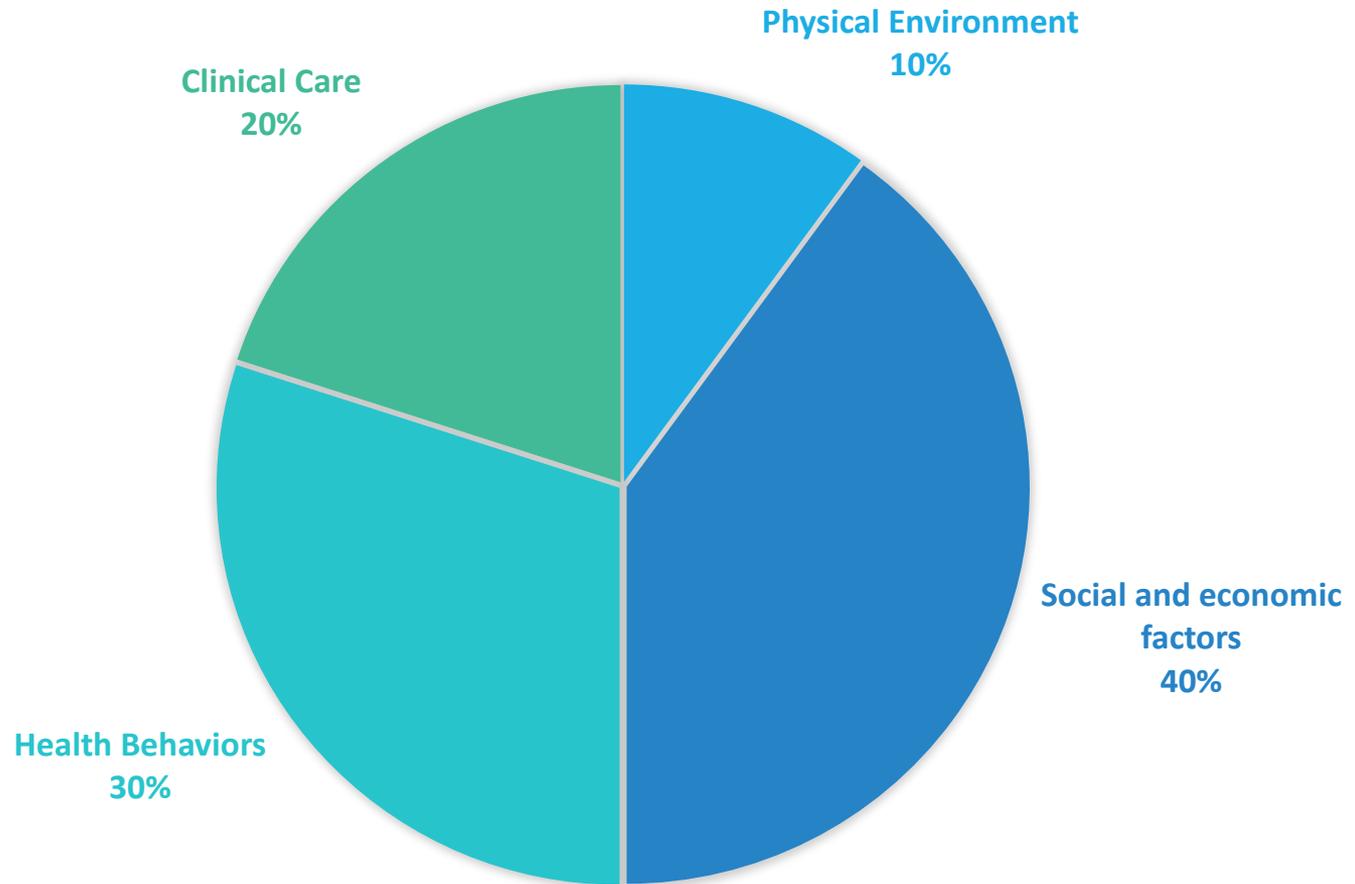
TOP 4
CAUSES OF DEATH
THAT WERE LARGELY
PREVENTABLE

2015:
ALL

Medicaid Share of State Budget



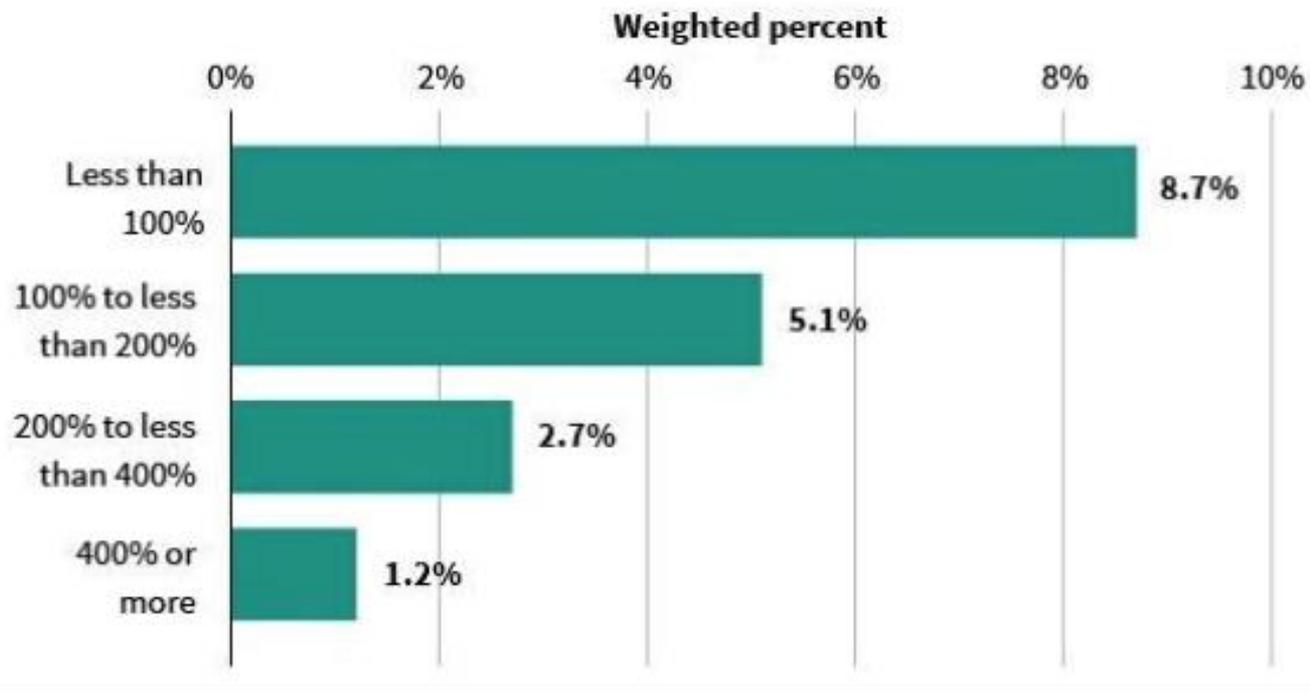
Accountability for Health Outcomes



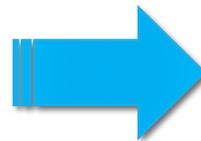
Disparities in Health Outcomes

Inequality and mental health

Adults with “serious psychological distress,” by income relative to federal poverty level

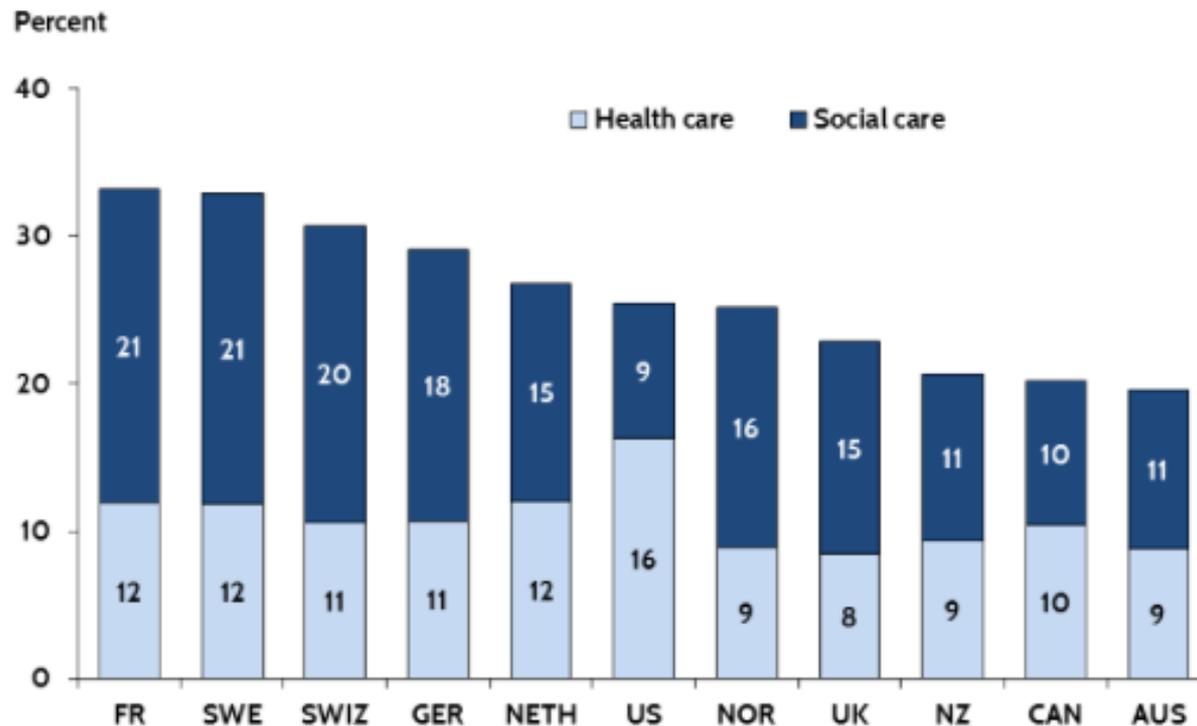


A New Paradigm for Health



The Demand for Change

Exhibit 8. Health and Social Care Spending as a Percentage of GDP

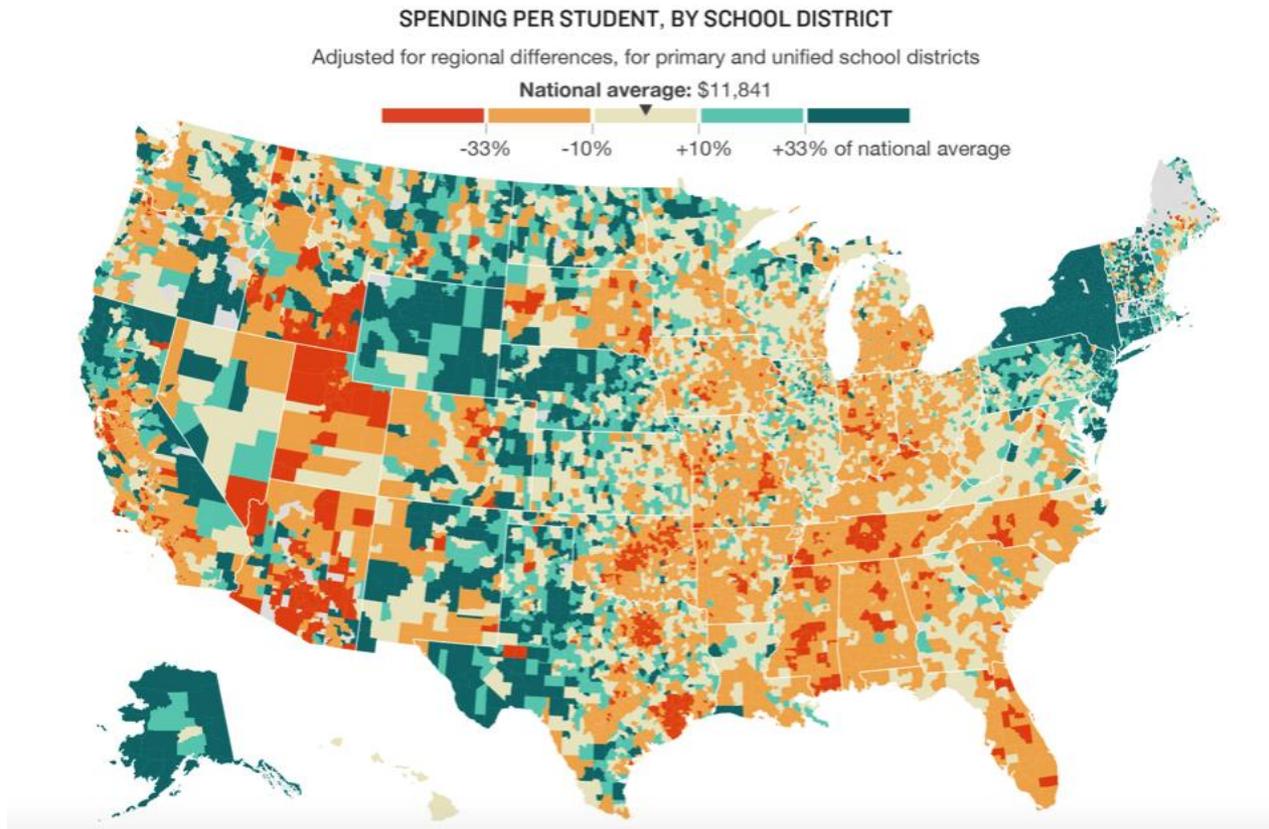


Notes: GDP refers to gross domestic product.

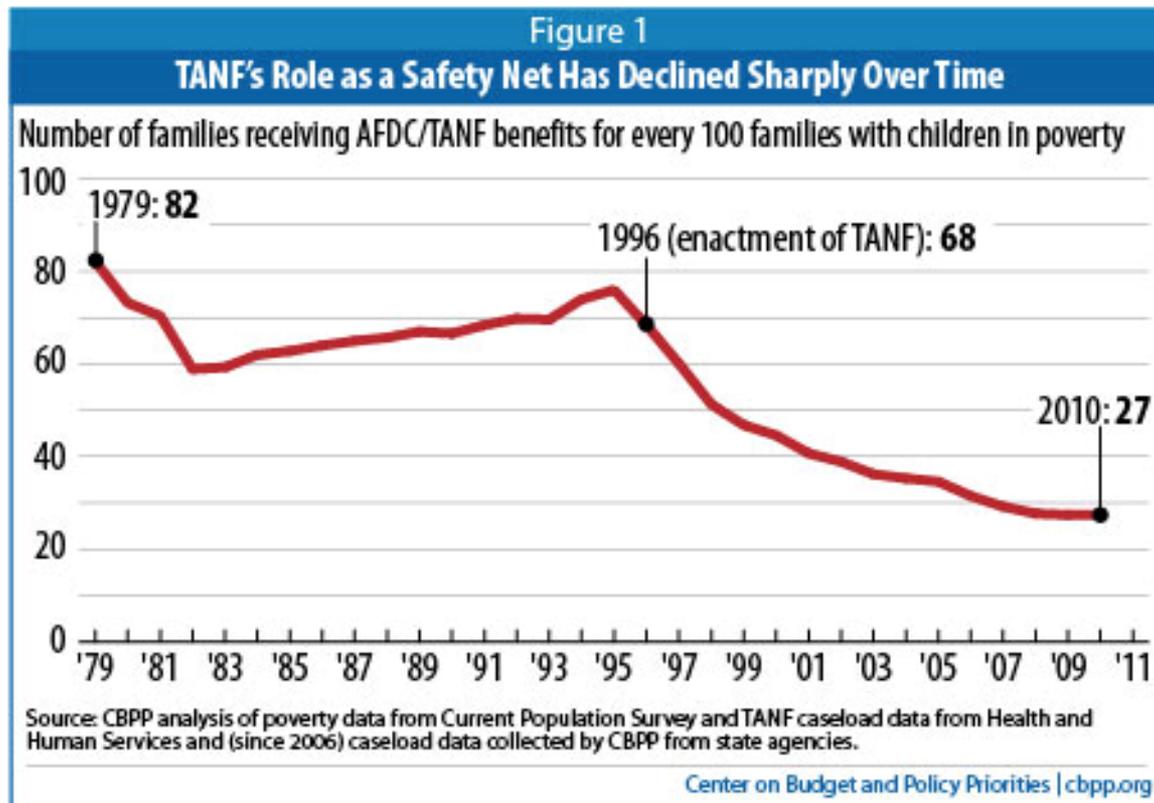
Source: E. H. Bradley and L. A. Taylor, *The American Health Care Paradox: Why Spending More Is Getting Us Less*, Public Affairs, 2013.



Education



Personal Responsibility and Work Opportunity Reconciliation Act



Nutrition Assistance

Los Angeles Times

Sign of the times: Pediatricians urged to ask all kids if they have enough food

Deborah Nerburn Contact Reporter
October 22, 2015

For the first time ever, the American Academy of Pediatrics is recommending that its members begin screening their patients -- all their patients -- for food insecurity.

"It is important that everyone knows how to screen so that at every available opportunity they can do it," said Dr. Sarah Jane Schwarzenberg, lead author of the new policy statement. "We can't tell just by looking who is food insecure or not -- they look just like you and me."

The U.S. Postal Service



Looking Back to Move Forward

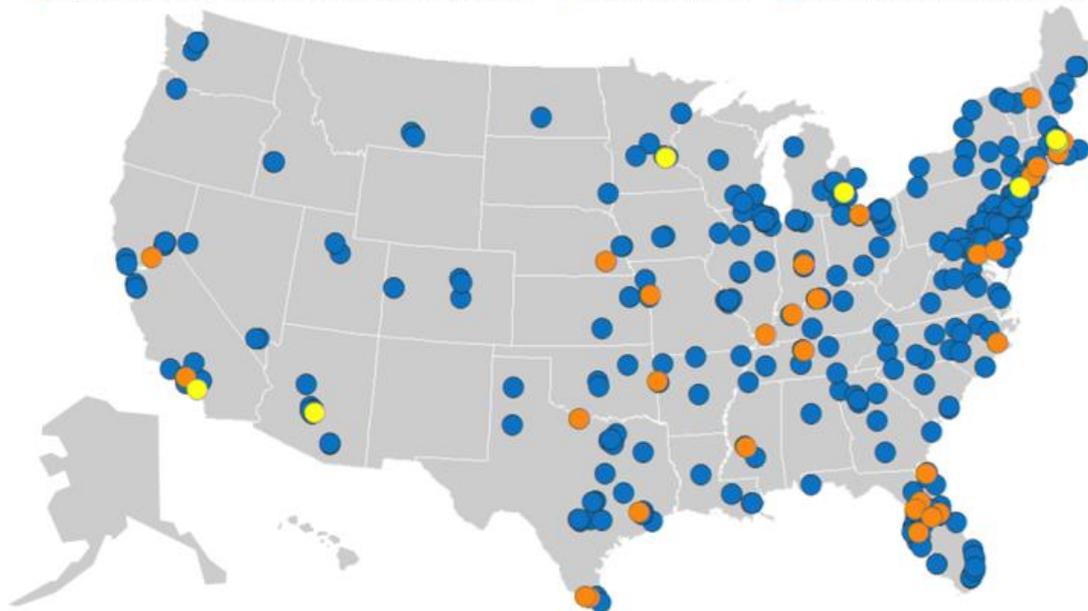


Paying for Value: ACOs

Figure 2

Accountable Care Organization (ACO) Models

● Medicare Shared Savings Program (MSSP) ● Pioneer ACOs ● Advance Payments ACOs



SOURCE: Map data downloaded October 7, 2016 from CMS: <https://innovation.cms.gov/initiatives/map/index.html> and <https://www.cms.gov/Medicare/Medicare-Fee-for-Service-Payment/sharesavingsprogram/ACOs-in-Your-State.html>. Participant counts in this dataset are updated periodically. See Table 3 for official counts in most recently-available CMS documents and webpages.



Measuring Outcomes

Sample ACO Quality Performance Standards

(Medicare shared savings program)

- CAHPS: Health Promotion and Education
- All-Cause Unplanned Admissions for Patients with Diabetes
- Depression Remission at 12-months
- Preventative Care and Screening: Screening for Clinical Depression and Follow-Up
- Preventative Care and Screening: Body Mass Index Screening and Follow-up

Rethinking Health: AHCM

Social Needs Screening

Clinical Sites:

Primary Care

Behavioral Health

Hospitals

ER | Psychiatric Units | Labor & Delivery

Screen For:

Transportation

Housing

Food

Utilities

Interpersonal
Violence

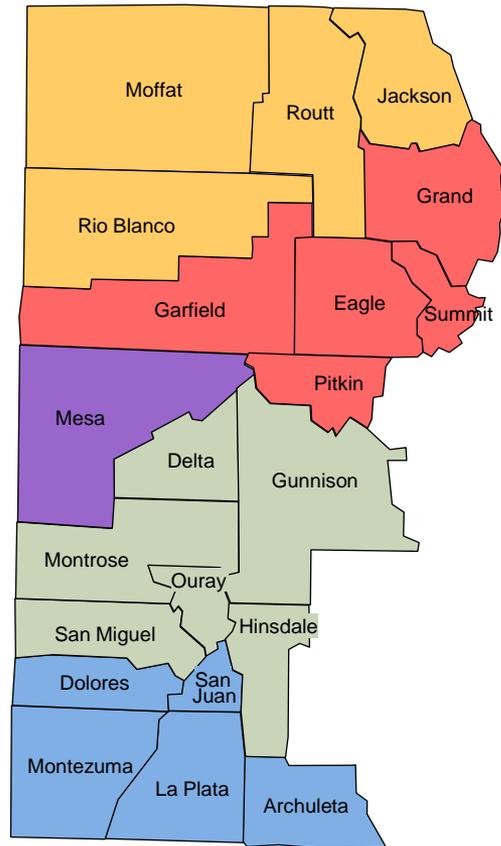
Social
Isolation

Referrals Based on 2-1-1:

United Way
of Larimer County



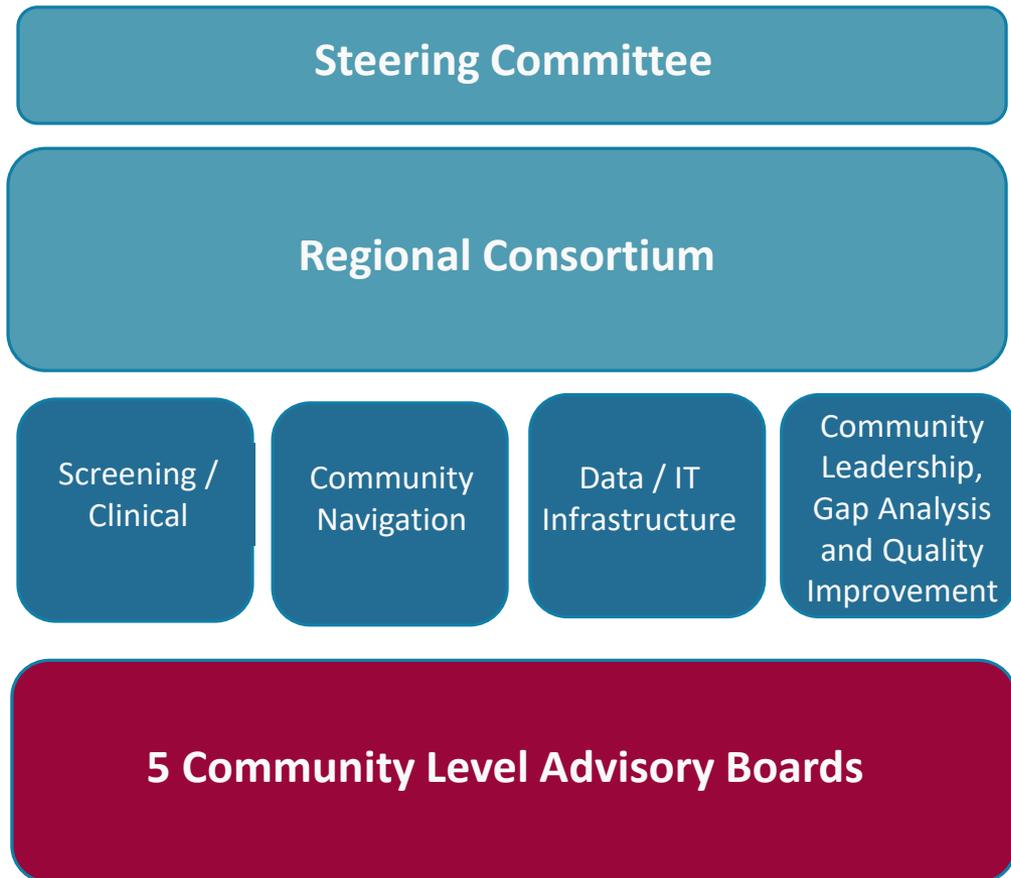
Health as a Community Issue



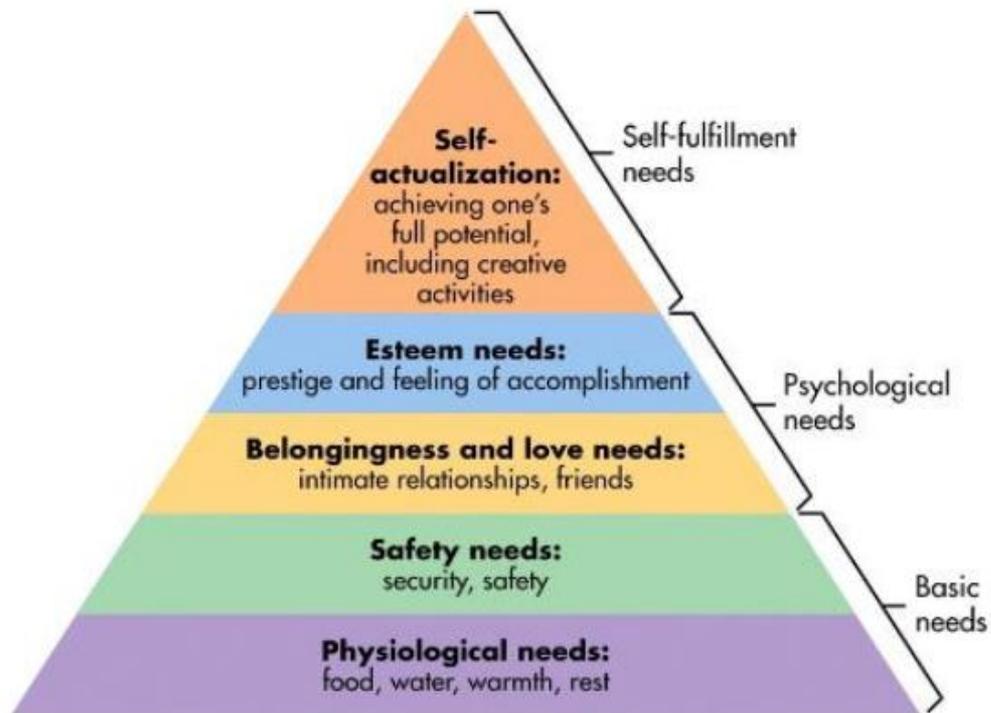
Goals:

- Review available data on gaps in resources with clinical and community based partners.
- Prioritize gaps in resources.
- Develop a quality improvement plan for prioritized gaps.
- Leverage existing forums and existing needs assessments (public health and community hospitals)

AHCM Governance

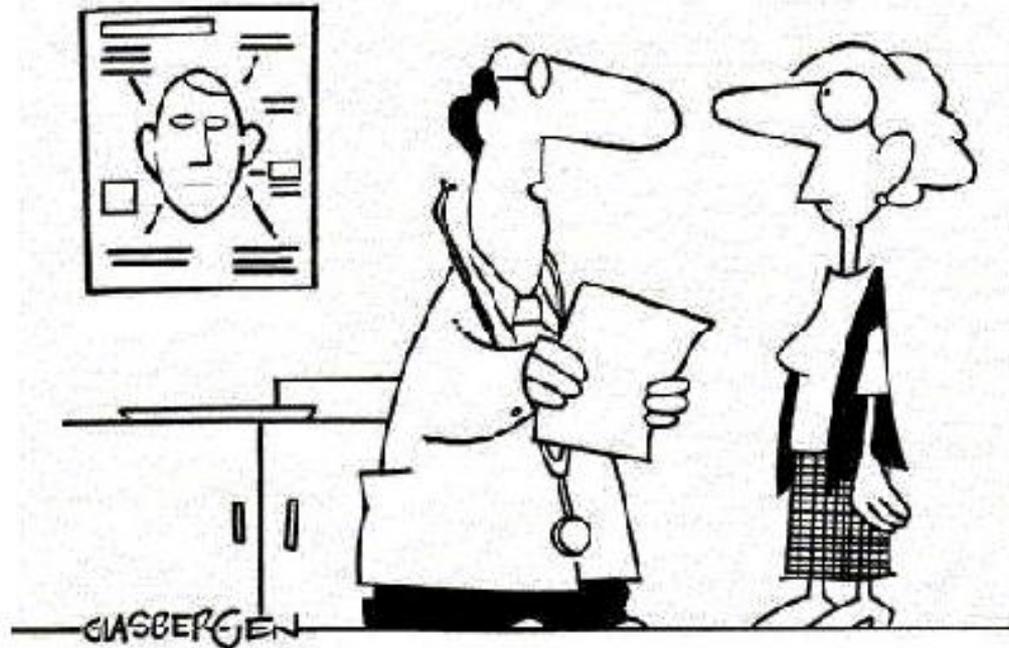


A Whole Person Health System



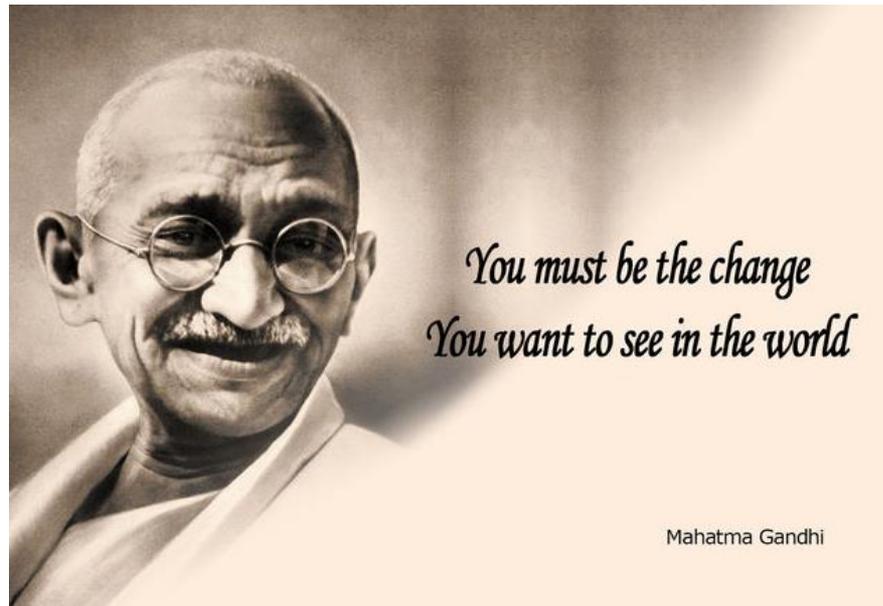
Rethinking Health

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**“You’ve got a rare condition called ‘good health’.
Frankly, we’re not sure how to treat it.”**

The Role and Responsibility of the Health Care System i



Partnering for Progress



Discussion & Questions



Thank You!

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